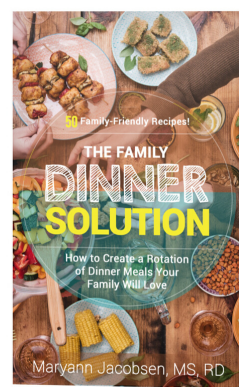


What Works

AND WHAT DOESN'T



WHAT YOU'LL NEED

- ✓ Cookbooks, magazines and any other cooking resources
- ✓ Access to all your stored and printed recipes
- ✓ Three ring binder and folder

TRIED AND TRUE RECIPES

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STEP 1
Start with your cookbooks, magazines and online recipe resources. Which do you really use? Giveaway or unsubscribe to what doesn't excite you.

STEP 2
Go through all your recipes discarding those you know just won't work. If you are unsure about some put them in a separate folder. Put what is left in your three-ring binder and list them to your left. ←

STEP 3
Look at your Tried and True list and examine the why behind what works. What is it about these meals that makes them stick?

STEP 4
When done, you should have your stored Tried and True recipes, a folder with recipes that need some work, and your most treasured cooking resources stored close by